

# 2025 IMPACT REPORT

Impact Global Health Alliance

# MISSION

We envision a world free of preventable suffering. Our mission is to partner with underserved communities to make a measurable and sustainable improvement in their health and well-being.

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**1 BILLION PEOPLE HAVE NEVER SEEN A HEALTH PROVIDER. JOIN US IN BRINGING HEALTH TO FORGOTTEN COMMUNITIES AROUND THE WORLD.**

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***Before Impact Global Health Alliance came, mothers used to have their deliveries at home so we used to have many maternal and child deaths during that time.***

- Lilian - Community Health Worker in Kenya



# IMPACT OF OUR ALLIANCE

In 2024, the Togo Methodist Church—with three clinics—joined our alliance. Several trusted local leaders received training from our Haitian partners, who also speak French. Together, the Togolese and Haitian health leaders traveled to Kenya to learn from and be trained by experts from our alliance partner there.

Malnutrition and preventable illness remain daily threats in Togo, one of the world's most impoverished nations. Child death rates there are estimated to be ten times higher than in the U.S.—and likely undercounted, as many deaths go unreported. This was also KIKOP's experience, where the common refrain was: "We did not know how many mothers and children were dying," before partnering with Impact Global Health Alliance and adopting our Census-Based Impact-Oriented data system in 2018.

## NUMBER OF PEOPLE IN THE GEOGRAPHIC AREAS WITH WHOM WE HAVE AN ALLIANCE



BOLIVIA
**43,641**



GUATEMALA
**19,766**



HAITI
**2,698**



KENYA
**35,960**

*All data in this report is for the year ending December 31, 2024*

# GUATEMALA



## PROGRAM HIGHLIGHTS

**99%**

OF WOMEN WERE VISITED IN THEIR HOME FOR A POSTPARTUM CHECKUP

**73%**

OF MOTHERS PRACTICED EXCLUSIVE BREASTFEEDING DURING THEIR CHILD'S FIRST SIX MONTHS OF LIFE

**79%**

OF PREGNANT WOMEN RECEIVED AT LEAST THREE PRENATAL CHECKUPS

**445**

PARTICIPANTS AT TRAININGS FOR TRADITIONAL BIRTH ATTENDANTS

## LUCÍA'S CHOICE: RESPECTFUL CARE CLOSE TO HOME

When Lucía was first evaluated by the staff at the Calhuitz Casa Materna, she had dangerously high blood pressure and was without easy access to a hospital. A referral was offered, but as her family couldn't afford the journey or risk being far from home, it was too hard for her to leave. So the Casa Materna team did what they're trained to do: they stepped in with calm, skilled, respectful care—right there in her community. They monitored Lucía closely and developed a care plan tailored to her needs. They helped her manage her stress, offered herbal teas and breathing techniques, and stayed by her side. At this point, blood pressure medication was not indicated, but was available if needed. A few days later, Lucía returned in labor. Her blood pressure was still high, and the risks were real—but thanks to close follow-up, the team was ready.

Lucía delivered her baby safely at the Calhuitz Casa Materna with the support of skilled nurses and her *comadrona* (midwife) at her side. She was closely observed through the night. By morning, both mother and baby were stable, healthy, and surrounded by family.

When care meets culture—when it's close, respectful, and community-led—lives are saved. In places where families are too often left behind, your support ensures mothers like Lucía don't have to choose between safety and staying close to home with their family. They can have both.

# KENYA



## PROGRAM HIGHLIGHTS

**98%**
OF WOMEN VISITED IN THEIR HOME FOR A POSTPARTUM CHECKUP

**88%**
OF MOTHERS WERE STILL EXCLUSIVELY BREASTFEEDING THEIR INFANT AT SIX MONTHS OF AGE

**78%**
OF PREGNANT WOMEN RECEIVED AT LEAST FOUR PRENATAL CHECKUPS

**7,281**
TEENS REACHED THROUGH 27 HEALTH EDUCATION SESSIONS

## "THIS TIME I WASN'T SCARED."

For years, Linet, a health promoter with Impact Global Health Alliance, led volunteer Care Groups under trees and in churches, teaching moms how to care for themselves and their babies, and how to share what they had learned with their neighbors. Her work has also changed her own life. "With my first two pregnancies, I didn't go for checkups."

Watching mothers attend prenatal clinics and deliver in clean health facilities, Linet saw how healthy mothers and their babies were. Eventually, Linet asked herself something she hadn't considered in a long time: What if I had another child? So, she did. Linet attended her antenatal appointments, already knowing what foods are best for her and the danger signs of pregnancy. She delivered at the health center, supported by the same team she's been working alongside for years.

"This time," she said, "I wasn't scared."

Linet's story is an example of changes taking place in villages across Kisii County. Your support makes this work possible.

# HAITI



## PROGRAM HIGHLIGHTS

**208**

WOMEN RECEIVING MOTHER-TO-MOTHER HEALTH EDUCATION

**100%**

OF WOMEN RECEIVING MONTHLY HOME VISIT

**63%**

INCREASE IN PROJECT REACH FROM 2023

## MY NAME IS MAMOUNE, AND I'M A PROUD MEMBER OF OUR NEIGHBORHOOD WOMEN'S GROUP

The program has made a difference—for myself, and for my children and neighbors.

Thanks to the education Impact Global Health Alliance provided, I gave birth to my youngest daughter in a safe, clean environment. I learned how to care for her in ways I didn't know before, and how to breastfeed from the start. As a result, she's grown strong and seldom gets sick. No vomiting. No diarrhea. That's a big change from my older children.

I also learned the importance of hygiene, and how to keep my home and yard clean, and how to encourage my neighbors to do the same. Now, our neighborhood is healthier. Today, people understand how diseases spread and how to prevent them. This is a new way of thinking for us.

I hope Impact Global Health Alliance can continue its collaboration with our MASTAS health leaders, and that we can reach even more families. As we say here, *health is wealth*—and that's what we're doing to enable us to build both.

# BOLIVIA



## PROGRAM HIGHLIGHTS

**40**

ADOLESCENT LEADERS TRAINED TO TEACH REPRODUCTIVE HEALTH TO THEIR PEERS

**3,000+**

TEENS REACHED WITH ACCURATE, TIMELY REPRODUCTIVE HEALTH INFORMATION

**80%**

OF PARTICIPANTS NOW KNOW HOW TO PREVENT PREGNANCY

## FUTURE MOTHERS, FUTURE FATHERS: CSRA IS PROTECTING HEALTH BEFORE PARENTHOOD BEGINS

"We're learning, and we're not alone": Jose finds trust and knowledge in El Alto.

Jose had never visited a health center in El Alto. His friends had—once. They came back feeling judged and exposed. No one took them seriously, and no one respected their privacy. But early pregnancies were rising around him, and everyone knew why—too little information, too few places to ask questions.

Stories like Jose's are why our original partner and alliance member CSRA created **Club de Jóvenes**, a space where teens lead honest conversations about sexual and reproductive health. "At the CSRA health center," Jose says, "we see friends instead of serious doctors. We learn about our health—and we have fun while doing it."

Now Jose is one of 40 trained youth leaders using WhatsApp and social media to share what he's learning, reaching thousands of other teens with the information they deserve.



*The work, model and shared vision for community health I witnessed in Bolivia in 1992 with Impact Global Health Alliance inspired me to change my professional course, pursue medical school and specialize in Family Medicine. It taught me that true health care must be accessible, equitable, and comprehensive, tailored to the unique needs of each community. Since then, that work has served as a guidepost for my career, hoping to expand more inclusive access to robust and high-quality primary care and building systems that empower individuals and communities to achieve better health.*

– Andrew Bazemore, MD, MPH — Senior Vice President, Research & Policy, American Board of Family Medicine

# YOUR SUPPORT IS POWERFUL

Families in places like Togo, Guatemala, and Kenya face urgent needs: too often, pregnancy and early childhood are still dangerous. But your support changes that. Our community-led model works—because it's rooted in trust, driven by local leadership, and built for long-term change. Together, we're acting on a shared vision: to end preventable suffering and protect the world's most vulnerable. Every gift, every act of support, brings us one step closer.

| $30 | $175 | $500 | $1,500 | $5,000 | $10,000 | $25,000 |
|---|---|---|---|---|---|---|
| Equips one Community Health Worker to serve her neighbors | Ensures health for five mothers and their families for a year | Provides prenatal, postpartum & breastfeeding classes for 25 women | Provides delivery and postpartum care for 10 mothers | Supports 20 Community Health Promoters for a year | Provides a professional nurse for a year | Provides solar power for a health facility |

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### Online
Donate at **impactglobalhealthalliance.org**

### Scan to Donate

### By Mail
Make your check or money order payable to:
Impact Global Health Alliance
PO BOX 1090
Holly Springs, NC 27540

### Leave a legacy
You can make a significant gift today that will benefit your family, the mission of Impact Global Health Alliance, and you. With the help of an advisor, you can include language in your will or trust specifying that a gift be made to Impact Global Health Alliance as part of your estate plan.

### Volunteer
Join hundreds of others who volunteer from home or abroad on special projects each year. We need your expertise, talent and time. Learn more at **contact@impactglobalhealthalliance.org**

***On behalf of the thousands of mothers we work with each year, thank you for making this important work possible.***

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Includes supporters of the Mom-a-Thon and our endowment, The Hope Through Health Foundation, an independent 501(c)3.

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**Impact Global Health Alliance celebrates these partners and others whose consistent generosity sustains our work. On behalf of the IGHA family: mothers and fathers, babies and children, and dedicated healthcare providers across the world — THANK YOU!**

Please let us know any corrections or personal preferences for this annual report.
**919-510-8787 | contact@impactglobalhealthalliance.org**

## POWER IN HER HANDS



In the hills of Kisii, Kenya, Lilian stands in a doorway holding a small tablet. Inside, a mother leans forward, listening as Lilian uses vivid images to teach about how to prevent and treat common childhood illnesses such as malaria and diarrhea. Lilian isn't a nurse—she's a mother, a farmer, and a trained Community Health Worker. She lives just down the road from the families she visits.

What makes Lilian's work so powerful isn't just the information she shares—it's the trust she's earned. In villages where many women can't read or write, health advice from outsiders often falls flat. But Lilian speaks their language, understands their realities, and arrives not with judgment but with empathy. The tablet she carries is loaded with the Meaningful app, a tool that turns public health guidance into simple, clear visuals. It helps her teach, track care, and return with timely reminders.

Because of your support, women like Lilian are equipped with tools that bring health care home. It's not just about technology—it's about power. Power to prevent illness. Power to protect children. Power to change what health care looks like in rural Kenya: trusted, local, and led by women who live the change they deliver.

*"We have demonstrated that with the few resources we have, we have reduced the number of maternal and neonatal deaths. We have also reduced the number of malnourished children."*



Alma Dominguez, Nurse Manager in Calhuitz, Guatemala (right) with a midwife

## THANK YOU TO OUR DONORS WHO MAKE THIS WORK POSSIBLE


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