

**WRITE
HOPE
SHARE
LOVE.**



Let us encourage one another and build each other up. – 1 Thessalonians 5:11

WHY THIS MATTERS

Mothers and health workers around the world are carrying the heavy work of keeping families healthy. Your words of encouragement remind them they are not alone—and build a bond of solidarity that crosses borders.

HOW IT WORKS

- 1 Take a card.**
- 2 Write a thoughtful note.** Keep it simple, kind, and uplifting—think of what you would want to hear on a hard day. Words of prayer, strength, and hope are most meaningful.
- 3 Return your card.** We'll send it to our partners overseas. They will decide the best way to share it with mothers, health workers, or community leaders.

***Please return your card to:**

Impact Global Health Alliance
PO Box 1090 Holly Springs, NC 27540



Impact Global Health Alliance

IN THE PAST YEAR, MORE THAN 5,000 MOTHERS HAVE BENEFITED FROM OUR WORK. YOUR WORDS OF ENCOURAGEMENT REMIND THESE MOTHERS AND HEALTH WORKERS THEY ARE NOT FORGOTTEN.

TIPS FOR WRITING

- Use simple, heartfelt words (*not every phrase translates easily*).
- Focus on encouragement and solidarity—not advice.
- Aim to lift spirits—your words should bring light, not weight.

NEED INSPIRATION? HERE ARE SOME EXAMPLES:

- Your work brings hope. Your love brings life.
- “Be strong and courageous... for the Lord your God will be with you wherever you go.” – Joshua 1:9
- Dear Sister, you are not alone. Your love and strength inspire us. We are praying for you and your community.
- To a caring mother: May God bless you and give you strength each day. You are important, and your work makes a difference.
- Dear Friend, your dedication brings hope to many. Please know that people around the world are thinking of you with love and gratitude.
- To a health worker: Thank you for serving your community with such courage and love. We are with you in spirit.

WRITING PROMPTS

- **Share encouragement:** “I am praying for you today.”
- **Offer affirmation:** “Your love and strength inspire me.”
- **Express solidarity:** “You are not alone—we stand with you from afar.”

SIMPLE GUIDELINES

DO:

- Keep it short, simple, and encouraging.
- Use kind words, scripture, or universal messages of hope.
- Write as if you’re speaking to a sister or friend.

AVOID:

- Sharing personal information (address, phone, or email).
- Giving advice about health, parenting, or religion.
- Using complicated language or idioms that may not translate well.

YOUR WORDS MATTER. *Thank you for being part of this ministry of encouragement and connection.*

*Want to learn more
about the impact of
these cards?
Scan here.*

